1ST QUARTER
2024-2025

Newsletter

EDITION #12

JULY - AUGUST - SEPTEMBER | TOGETHER FOR YOUTH | 509-662-7201

Upcoming Holidays

Columbus Day - October 14th
Halloween - October 31st
Veteran's Day - November 11th
Thanksgiving Day - November 28th
Christmas Eve - December 24th
Christmas Day - December 25th

In this Edition

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Autumn Favorites

Locking Medicine Bags

Our Locking Medicine Bag campaign has been one of the most popular since we started distribution last year with our partners at WIC, Children's Home Society of Washington, DSHS, and Cannabis Provisions.

We purchase the bags and include information on keeping cannabis safe from children and pets, as well as a QR code that lists medication drop off locations in the area. The goal is to keep prescription medications and cannabis out of the hands of our youth and they are a huge hit!

Community members interested in taking a bag simply scan a QR code and provide a few details about where they picked up the bag, then are sent a follow up survey indicating how they use their bags. The results of these surveys allow us to continue receiving funding to provide more bags to our local community members.

Parents Against Vaping Webinar

Parents Against Vaping offered a FREE webinar in May and is offering two more webinars this year to educate parents on the harmful effects of vaping.

"Behind the bright colors and sweet flavors of e-cigarettes are harmful chemicals and nicotine addiction. Join us to learn the essentials for helping kids avoid or quit vaping. At the end of this presentation, participants will be able to:
· Understand and recognize tobacco industry tactics targeting youth
· Explain the dangers of nicotine e-cigarettes/vapes, non-nicotine vapes, and other new tobacco products
· Know the steps to protect youth and how to advise others to get involved
· Take action in their own communities"

Visit their website at parentsagainstvaping.org for more details on the webinar and to register for a class. Classes are September 10 and November 19, 2024.

Fall Favorites

Apple Cider

Leaf Pile Jumping

Roasted Pumpkin Seeds

Decorating or Carving Pumpkins

Fresh-Baked Pies

Autumn Wreaths

Chrysanthemums

Cozy Socks & Scarves

"THERE IS SOMETHING SO SPECIAL IN THE EARLY LEAVES DRIFTING FROM THE TREES - AS IF WE ARE ALL TO BE ALLOWED A CHANCE TO PEEL, TO REFRESH, TO START AGAIN." ~ RUTH AHMED

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988 | SUICIDE & CRISIS LIFELINE

Join Us for a 988 Day Activation Workshop

Date: Monday, August 12th, 2024
Time: 2:30 - 3:45 pm (ET)

The first annual 988 Day is happening on September 8th, 2024, and we are asking for your participation to make it a success! Please join us **for the first-ever 988 Day Activation Workshop on Monday, August 12** from **2:30pm – 3:45 p.m. ET.** The workshop is intended for organizations and individuals interested in promoting mental health and the **988 Suicide & Crisis Lifeline**.

The goal of 988 Day is to raise awareness of 988 activities around the country in fun and creative ways. This year's 988 Day message is: **"No Judgment. Just Help."**

In the August 12 workshop, we will explain 988 Day and then create breakout rooms for you to brainstorm ideas with others.

Register

Don't miss this opportunity to be part of a movement that will make a lasting impact on mental health support across the nation. Together, we can ensure that everyone knows that at the 988 Lifeline there is **"No Judgment. Just Help."**

988 DAY **NO JUDGMENT. JUST HELP.**

Can't make the Workshop? Here's How You Can Get Involved
A recording will be made available after the webinar to learn more. You can also:

1. **Use the Digital Toolkit**: Available August 12th, this toolkit will include materials made specifically for 988 Day. It will be available at samhsa.gov/988.
2. **Plan Your Activities**: Get ready to share the message **"No Judgment. Just Help."** in any creative way you see fit.
3. **Share Your Efforts on Social Media**: On September 8th, use the hashtag **#988Day** to share your activities and how you spread awareness of 988. Then check out our social event wall to see everyone's activities in one place. More details soon!

This is a Joint Activity Between SAMHSA, Vibrant Emotional Health & the 988 Crisis Response Systems Training and Technical Assistance Center (CSR-TTAC)

This project is supported d by the Substance Abuse and Mental Health Services Administration (SAMHSA), the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. The Crisis Systems Response Training & Technical Assistance Center works in conjunction with the 988 Suicide & Crisis Lifeline. In 2020, Congress designated the new 988 dialing code to be operated through the existing National Suicide Prevention Lifeline. SAMHSA sees 988 as a first step towards a transformed crisis care system in America. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of SAMHSA or the 988 Suicide & Crisis Lifeline.

SAMHSA Substance Abuse and Mental Health Services Administration

From our partners at SAMHSA

Register through the following link: https://us06web.zoom.us/meeting/register/tZIvcOGsrDwrHNxGIiUwpIUeSz3dWXMWvS8h

Fall Love & Logic Classes

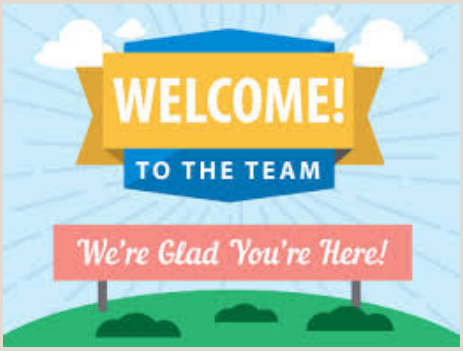
Love & Logic is coming again in October!
Scan the QR Codes to register for the class and FREE childcare.
If you cannot get the QR codes to work, please call the office at 50-662-7201 or email info@togethercd.org for the registration links.
We look forward to seeing you there!

For other Youth Mental Health Crisis resources, check out our partners at Catholic Charities...

...or Grant County Renew - Behavioral Health & Wellness

https://www.grantcountywa.gov/770/Crisis

renew
Grant Behavioral Health & Wellness



Together! for Youth is excited to welcome our new Executive Director, Pete Teigen!!!

Pete Teigen is the Executive Director of Together! for Youth and works to support all program areas, particularly the gun violence initiative. Pete brings many years of experience managing and leading various aspects of non-profit organizations including programs, communications, and development. He is passionate about working with youth and improving our communities. Pete attended college at Lewis-Clark State College where he received a degree in history and political science. After under-graduate school, he served two years in Peace Corps Honduras where he developed potable water systems, built community coalitions, led community health classes, and supported youth development. When he returned stateside, he attended graduate school at University of Washington where he graduated with honors with a Master of Public Administration. Pete enjoys traveling, reading, and spending time exploring the outdoors on bike, paddle board, or foot with his family and dog.

"A SMOOTH SEA NEVER MADE A SKILLED SAILOR."
~ FRANKLIN D. ROOSEVELT